



**Gymnastics**  
Queensland

# **Sports Acrobatics**



# **Competition Handbook 2008**

Dated 31 January 2008

## TABLE OF CONTENTS

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<b>1.0</b>	<b>2007 QUEENSLAND EVENTS CALENDAR</b>	<b>Page 3</b>
<b>2.0</b>	<b>SPORTS MANAGEMENT COMMITTEE (SMC)</b>	<b>Page 3</b>
2.1	SMC Composition	Page 3
2.2	SMC Duties	Page 3
2.3	SMC Communication	Page 3
<b>3.0</b>	<b>GUIDELINES FOR LEVELS AND TESTING</b>	<b>Page 4</b>
3.1	General Principles	Page 4
3.2	Levels 1 – 3	Page 4
3.3	Levels 4 – 7	Page 4
3.4	Levels 8-10	Page 4
3.5	International & Age Divisions	Page 4
<b>4.0</b>	<b>COMPETITIONS</b>	<b>Page 5</b>
4.1	Competition Purpose	Page 5
4.2	Competition Divisions	Page 5
4.3	Routines	Page 6
4.3.1	Balance Routine	Page 6
4.3.2	Dynamic Routine	Page 6
4.3.3	Combined Routine	Page 6
4.4	Competition Routine Requirements	Page 6
4.5	Judges	Page 6
4.6	Supply Of Judges	Page 7
4.7	Competition Draw	Page 7
4.8	Music	Page 7
4.9	Competition Awards	Page 7
4.10	Results	Page 8
<b>5.0</b>	<b>STATE TEAM SELECTION</b>	<b>Page 8</b>
5.1	Objective	Page 8
5.2	State Team Selection Panel Composition	Page 8
5.3	Selection Committee Responsibilities	Page 8
5.4	Eligibility for Selection	Page 8
5.5	Appeals	Page 9
5.6	Selection Process – Team Officials	Page 9
5.7	Team Travel	Page 9
5.8	Team Accommodation	Page 9
5.9	Athlete and Team Official Uniform	Page 9
5.9.1	Athletes Uniform - Competition	Page 9
5.9.2	State Team Uniform	Page 9
5.9.3	Judges Uniform - Competition	Page 9
<b>6.0</b>	<b>APPEALS &amp; GRIEVANCE PROCEDURE</b>	<b>Page 10</b>
6.1	Appeals & Grievance Procedure	Page 10
<b>7.0</b>	<b>FEES</b>	<b>Page 10</b>
<b>8.0</b>	<b>JUDGES PAY SCALE</b>	<b>Page 10</b>
<b>9.0</b>	<b>GYMNASTICS QUEENSLAND EVENT POLICY</b>	<b>Page 10</b>
9.1	Event “Entries” Policy	Page 10
9.2	Entries	Page 10
9.3	Withdrawals	Page 11
<b>10.0</b>	<b>COMPETITION APPARATUS</b>	<b>Page 11</b>
<b>11.0</b>	<b>COACHES CODE OF ETHICS</b>	<b>Page 11</b>

## 1.0 2008 QUEENSLAND EVENTS CALENDAR

Please refer to the GQ Website for Calendar Updates: [www.gymqld.org.au](http://www.gymqld.org.au)

## 2.0 SPORTS MANAGEMENT COMMITTEE (SMC)

### 2.1 Sport Management Committee (SMC) Composition

The Sports Acrobatics (ACRO) SMC consists of a Chairperson plus between 2 to 6 other members, being:

- The State Judging Coordinator
- The State Coaching Coordinator
- General member(s) for specific portfolios, and
- The ACRO Sports Program Manager who will be an ex-officio member of the SMC

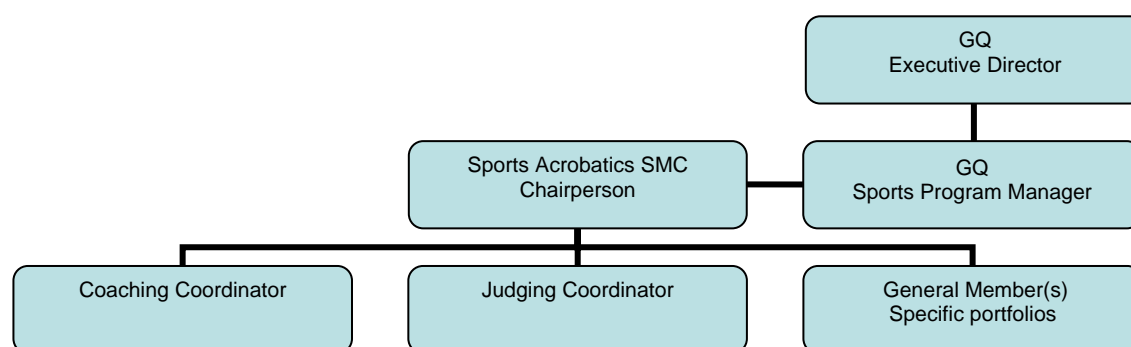


Figure 1 - Acrobatics SMC Members

### 2.2 Sport Management Committee (SMC) Functions

The major functions of the Sports Acrobatics SMC will be to manage the day-to-day technical affairs of Sports Acrobatics and includes the following, but not limited to:

- Prepare sports program policies and regulations for GQ Board approval
- To maintain technical regulations governing their sport program, which are approved by or amended by the SPTA and ratified by the GQ board
- Review performance and undertake forward planning
- Co-ordinate and implement day-to-day management of the Sport Program by agreement with the Executive Director or appointed office staff member
- Prepare budget estimates and reports as required for approval by the GQ Board
- Work with & advise as required the Sports Program Manager, Events and Education Director and other GQ Staff

The Sports Acrobatics SMC will also select all Coaches, Judges and Officials for State Teams. The accreditation of these persons to then represent the Association shall be in accordance with the rules and regulations approved by the Board. The GQ Board will appoint the State Team, Team Manager, Coaches and Officials.

### 2.3 Sport Management Committee (SMC) Communication

- All communications to the Sports Acrobatics Sport Management Committee must be made in writing via Gymnastics Queensland's office
- The Sport Management Committee will not address any concerns or complaints that are not in writing
- General queries may be made by phone/email and should be directed through the GQ ACRO Sports Program Manager or the GQ Events Director.

### 3.0 GUIDELINES FOR LEVELS AND TESTING

#### 3.1 General Principles

- There is no requirement for athletes to progress through levels in ascending numerical order. Pairs / Groups can be entered in any level at competitions, regardless of their acrobatic or gymnastic history and experience.
- This is reflective of the inherent teamwork that is Sports Acrobatics and that athletes change partners and will not necessarily maintain the same or higher level.
- Pairs / Groups can change level up or down, within the competition season. This is to provide opportunity for athletes to find the level they are most proficient at.

#### 3.2 Level 1 - 3

- A minimum overall score of 75% (30 points) is required to pass these levels.
- All acrobatic pairs / groups must compete in a minimum of one (1) sanctioned event to be considered for selection to compete at State Championships. This sanctioned event must be in the same competition season as the State Championships. The competition season a cycle begins the day after Australian National Championships and concludes at National Championships the following year.
- If a pair / group is unable to compete due to injury they may apply in writing stating an explanation and with a medical certificate attached, for the consideration of the Sports Management Committee (C/- GQ Sports Acrobatics Program Manager) prior to the event.
- A qualification score of 75% is required at a sanctioned event to qualify to participate in QLD State Championships.

#### 3.3 Level 4 - 7

- May only occur at a Gymnastics Queensland sanctioned event.
- A qualification score of 75% (45 points) is required to pass these levels.
- All acrobatic pairs / groups must compete in a minimum of one (1) sanctioned event to be considered for selection to compete at State Championships. This sanctioned event must be in the same competition season as the State Championships. The competition season for a cycle begins the day after Australian National Championships and concludes at National Championships the following year.
- If a pair / group is unable to compete due to injury they may apply in writing stating an explanation and with a medical certificate attached, for the consideration of the Sports Management Committee (C/- GQ Sports Acrobatics Program Manager) prior to the event.
- A qualification score of 75% is required to qualify to participate in QLD State Championships.

#### 3.4 Level 8 - 10

- May only occur at a Gymnastics Queensland sanctioned event.
- A qualification score of 75% (67.5 points) is required to pass these levels.
- All acrobatic pairs / groups must compete in a minimum of one (1) sanctioned event to be considered for selection to compete at State Championships. This sanctioned event must be in the same competition season as the State Championships. The competition season for a cycle begins the day after Australian National Championships and concludes at National Championships the following year.
- If a pair / group is unable to compete due to injury they may apply in writing stating an explanation and with a medical certificate attached, for the consideration of the Sports Management Committee (C/- GQ Sports Acrobatics Program Manager) prior to the event.
- A qualification score of 75% is required to qualify to participate in QLD State Championships..

#### 3.5 International & Age Divisions

- The divisions are as follows:
  - a. **Senior International division**
    - i. Age will be minimum 15 years old in the year of competition.
    - ii. Where the following year of competition includes the FIG Acrobatic Gymnastics Senior World Championships (WC), Age will include those who are minimum 15 years old in year of WC.

**Example:**

- **No WC next year:** You may enter competition this year if you are minimum 15 years
- **Yes WC next year:** You may enter competition this year if you are minimum 14 years

b. **Junior 11-16 Division**

- i. Ages will be those in the year of competition.
- ii. Where the following year of competition includes the FIG International Age Group Competition (IAGC), Ages will include those in year of IAGC.

**Example:**

- **No IAGC next year:** You may enter competition this year if you are between 11 – 16 years
- **Yes IAGC next year:** You may enter competition this year if you are between 11 – 16 years and 10 – 15 years
- iii. The age difference between partners in Pairs and Groups **cannot** exceed 6 years

c. **Junior 12-19 division**

- i. Ages will be those in the year of competition.
- ii. Where the following year of competition includes the FIG International Age Group Competition (IAGC), Ages will include those in year of IAGC.

**Example:**

- **No IAGC next year:** You may enter competition this year if you are between 12 – 19 years
- **Yes IAGC next year:** You may enter competition this year if you are between 12 – 19 years and 11 – 18 years
- iii. The age difference between partners in Pairs and Groups **cannot** exceed 6 years

- To qualify for the International Stream and to be eligible for National Competition, a minimum pass score for each exercise of 16 plus Declared Start Value (12-19 Category minimum SV = 9.5) must be achieved.

## 4.0 COMPETITIONS

### 4.1 Purpose

The aim of Level 1-3 competitions is to:

- Provide an opportunity for acrobats to gain competition experience and knowledge.
- Provide an entry level of competitive Sports Acrobatics to new athletes and new clubs.
- Increase the quality of Queensland Sports Acrobatics, which will subsequently enhance the quality and number of acrobats eligible for QLD State Team in the future.

The aim of Level 4-10 competitions is to:

- Provide opportunity for pairs / groups to pass their nominated level;
- Qualify for QLD State Championships; and
- Gain competition experience and knowledge; and
- Vie for State Team selection.

The aim of International Stream division competitions is to:

- Provide opportunities for pairs / groups to pass their nominated level;
- Qualify for QLD State Championships;
- Qualify for AUS National Championships; and
- Vie for AUS squad selection.

### 4.2 Competition Divisions

- Levels 1-3 acrobatic pairs / groups may enter all competitions sanctioned by Gymnastics Queensland and all Challenge Competitions.
- Levels 4-10 and international stream division acrobatic pairs / groups may enter all competitions sanctioned by Gymnastics Queensland and all Challenge Competitions and are eligible for selection into State Team to compete at National Championships.

Queensland Sports Acrobatics incorporates the following competition events:

**PAIRS:**

- Men's Pair (level 4-10)
- Women's Pair (level 4-10)
- Mixed Pair (level 4-10)
- Junior Pair (level 1-3)

**GROUPS:**

- Women's Trio (level 4-10)
- Men's Four (level 4-10)
- Junior Trio (level 1-3)

- Junior Quad (level 3)

### 4.3 Routines

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#### 4.3.1 Balance Routine

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- The balance routine demonstrates flexibility, strength and balance through; partner pyramids, individual elements and dance.
- All acrobatic pairs and groups from all levels and divisions perform this routine.

#### 4.3.2 Dynamic Routine

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- The dynamic routine demonstrates acrobatic throws, somersaults and catches, tumbling and dance. Flight and amplitude must be shown.
- All acrobatic pairs and groups from all levels and divisions perform this routine.

#### 4.3.3 Combined Routine

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- This routine is designed to display acrobats' best elements, from both balance and dynamic routines within the one performance.
- Only acrobatic pairs and groups from levels 8-10, International Stream Senior Division and 12-19 Division perform this routine.

### 4.4 Competition Routine Requirements

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#### Levels 1-3

- The rules of competition are as per the Queensland Levels 1-3 manual.

#### Levels 4-10

- The rules of competition are as per the Gymnastics Australia Levels manual 4-10.

#### International Stream Divisions:

- The rules of competition are as per the Gymnastics Australia International Stream Competition Handbook.

### 4.5 Judges

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#### Levels 1-3 Competitions:

- A minimum of 2 accredited judges (any level) is required to form the panel for sanctioned events. A minimum of 1 accredited judge who has either 24 months experience at judging levels 1-3, or a level 2 or higher judge is to be the Chair of Judging Panel (CJP) for this level of competition.
- The list of judges must be forwarded to the State Judging Coordinator for panels to be created and confirmed.
- The CJP is responsible for ensuring all panel judges' scores are within tolerance; and evaluating the A-Score of each routine; and signaling the acrobats to commence the routine; and to evaluate the technical execution of the routine.
- Panel judges are responsible for evaluating each routine for technical execution and to produce the B-Score.

#### Levels 4-7 Competition:

- A minimum of 3 accredited judges is required to form the panel for sanctioned events.
- The CJP must be at least accredited to Level 3.
- The panel judges should be level 2 or higher.
- The list of judges must be forwarded to the State Judging Coordinator for panels to be created and confirmed.
- The CJP is responsible for ensuring all panel judges' scores are within tolerance; and signaling the acrobats to commence the routine; and to evaluate the A-Score of each routine; and to evaluate the technical execution (B-Score) and artistic merit (C-Score) of the routine.
- Panel judges are responsible for evaluating each routine for technical execution and to produce the B-Score.

#### Levels 8-10 & International Stream Divisions:

- The International Stream Age Group Competition judging panel/s will consist of qualified FIG Brevet Judges

and if required, Level 3 Judges.

- The composition of Judges panel/s will have a minimum of 1x CJP, 1 x Execution and 1 x Artistic Judge.

#### **4.6 Supply of Judges**

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- Each club is required to nominate at least one judge (at an appropriate level for their nominated competitors) for the competition.
- Clubs will be fined a Proxy Fee if a suitable judge is not supplied.
- Payment of Judges: Gymnastics Queensland will be responsible for the payment of judges at category one (1) events only. Host club will be responsible for the payment of judges at category two (2), category (3), category (4) and category (5) events.
- All payments should be made on completion of the relevant sessions of the competition.

#### **4.7 Competition Draw**

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- The organising club does the draw. The State Judging Coordinator can be called upon to do the draw to ensure accurate and efficient competition scheduling.
- The performance of the routines can be scheduled in any order e.g. Balance and then Dynamic or vice versa.
- Combined routine is always scheduled to be performed last of the acrobat's routines.
- Acrobats require time between each routine to warm up and prepare. i.e. they cannot do one routine immediately followed by the other.

#### **4.8 Music**

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- Every acrobatic group or pair must perform routines to music.
- The maximum length of each routine is two minutes and thirty seconds.
- Music can only be provided on CD's.
- Each piece of music must be Track 1 on the disc. Therefore separate CDs are required for each performance.
- If pairs or groups are sharing the same piece, they must supply their own copy. Therefore CD sharing is not permitted.
- CD's and jewel cases must be clearly marked with the following details:
  - Competitors names
  - Event e.g. Women's Pair or WP
  - Level
  - Club / State name
  - Routine e.g. Balance

#### **4.9 Competition Awards**

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- Levels Badges are available for purchase if level is passed.
- Queensland Cup:

Levels Badges are available for purchase if level is passed.

Medals for 1st, 2nd and 3rd placing's will be awarded for overall scores in each event.

There will be certificates awarded for 1st, 2nd and 3rd places in the following divisions:

Division 1: Levels 1-3 (Pair, Trio, Quad)

Division 2: Levels 4-5 (W2, M2, MX2, W3, M4)

Division 3: Levels 6-7 (W2, M2, MX2, W3, M4)

Division 4: Levels 8-10 (W2, M2, MX2, W3, M4)

This award will be calculated by adding all scores from acrobats within the division from the same club together.

The QLD Cup Perpetual Trophy will be awarded to the overall club. This will be calculated based on the highest score accrued by that club with the following system applying:

Each Club's top score from each event within each division will be added together, with the highest total score taking 1st place.

If a tie occurs where clubs have the same total score, the club with the most 1st places will take the lead. If still tied, then 2nd places and then bronze places are considered. If a tie still exists, both clubs will share the award.

- Queensland State Championships  
Medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> placing's will be awarded for overall scores in each division.
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- State Shield will be awarded to the Club with the highest points at end of competition. If there is a tie at the end of the competition, the Club with the highest number of Gold Medals will be the winner.  
Gold Medal -10 points  
Silver Medal – 6 points  
Bronze Medal – 3 points
- The Barry Martin Award for service and commitment to QLD Sports Acrobatics.
- QLD Sports Acrobatic Judge of the year.
- QLD Sports Acrobatic Coach of the year.
- QLD Sports Acrobatic Volunteer/ Official of the year.

#### 4.10 Results

- An electronic copy of the results must be forwarded to GQ within 24 hours of the completion of the event. The results will be placed on the QG web site and filed.

### 5.0 STATE TEAM SELECTION

#### 5.1 Objective

- To achieve the highest possible team score, whilst endeavouring for each team to place first at the National championships

#### 5.2 State Team Selection Panel Composition

- Chair of the ACRO SMC
- ACRO Judging Coordinator
- ACRO Coaching Coordinator
- A Member of the SMC

Any Gymnastics Queensland technical member selected by the ACRO SMC to assist in the selection process.

When considering the addition of a technical member, to assist the selection process, the SMC will use the following guidelines:

- Must be a minimum of Level 2 Coach and/or Level 3 Judge
- Minimum of 5 years experience
- Coached State team gymnast(s) previously
- Been a State Team coach previously

Note: The GQ ACRO Sports Program Manager will be an ex-officio member of the SMC

#### 5.3 Selection Committee Responsibilities

The Selection Committee is responsible for the development and implementation of the selection criteria for all state teams.

When considering the addition of a technical member, to assist the selection process, the SMC will use the following guidelines:

- Must be a minimum of Level 2 Coach and/or Level 3 Judge
- Minimum of 5 years experience
- Coached State team gymnast(s) previously
- Been a State Team coach previously

#### 5.4 Eligibility for Selection

The following criteria apply to be eligible for selection in the ACRO State Team:

- Participation in the Queensland State Championships is mandatory.
- QLD State Team will be announced with those placing 1<sup>st</sup> – 3<sup>rd</sup> in each division having automatic selection into the team, so long as they achieved the minimum qualifying score of 80%
- A gymnast must be a member of a Gymnastics Queensland affiliated club
- A gymnast must be registered on the National database and have no outstanding accounts to Gymnastics Queensland
- A gymnast wishing to represent Queensland must have resided permanently in Queensland for six (6) consecutive months prior to the National Championships, with the exception of Queensland athletes training within the Australian Institute of Sport program
- Upon consideration by the Board of Management, certain exceptions will be considered to reduce, or eliminate, the above time span, but this must be with the consent of the previous and present affiliates and the relevant governing body
- The level that pairs / groups compete at State Championships is the only level they can be considered for selection into the State Team.
- Pairs / Groups must achieve the minimum qualifying score of 80% of the total score in a GQ sanctioned

competition in the current competition season.

- The first three placed athletes (providing they have achieved the qualifying score) will be automatically selected into the team.
- The final place will be at the Selection Committee's discretion and based on results achieved at all competitions throughout that year and any other extenuating circumstances that may have arisen.
- Exemption from the Queensland Championships must be requested in advance or a Doctor's certificate must be provided within five (5) days of the competition.
- Women's trio or men's four entered in a competition is considered one unit and qualifies as one unit. However, once qualified a substitution of one athlete is permitted.

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## 5.5 Appeals

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- Coaches may appeal on behalf of their athletes for re-evaluation. The appeal must be in writing, to GQ and the Sports Acrobatics Sport Management Committee, within five (5) working days after the completion of the Queensland Championships.
- For an appeal to be considered one (1) or more of the following criteria will be used:
  - Injury or illness
  - An unexpected poor performance by the group (e.g. fall, drop)
  - Inability to compete at the Queensland Championships.
- Appeals will only be considered for pairs / groups that may be added to the team, and will not consider appeals that would remove a pair / group that had already been selected.

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## 5.6 Selection Process – Team Officials

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Officials will be invited to fill positions on the Acrobatics State Team and will be selected according to demonstrated experience and qualifications for the various roles. For the Acrobatics State Team, the following positions will be advertised:

- Head of Delegation
- Team Manager
- State Coach
- Assistant Coaches
- Judges
- Chaperones
- Medical Support Staff

The number of athletes selected will determine the number of officials required for the State Team. All are required to wear the designated uniform with the exception of the Chaperones and the Judges. Chaperones and Judges may wear the uniform if they wish.

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## 5.7 Team Travel

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The Team will travel as a team under the direction of Gymnastics Queensland.

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## 5.8 Team Accommodation

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The Queensland Team will be accommodated under the direction of Gymnastics Queensland.

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## 5.9 Athletes and Team Official Uniform

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### 5.9.1 Athletes Uniform

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#### Competition Leotards:

- All leotards must be branded with the letter Q to signal that they are representing Queensland.
- The design and pattern of the competition attire must adhere to the guidelines set out in the FIG Code of Points.
- Acrobatic pairs/ groups may CHOOSE to wear the QLD leotard for one or all routines. Please note, QLD team longs are plain maroon and ***do not meet the criteria*** for competition attire.

### 5.9.2 State Team Uniform

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- **Males & Females:**  
QLD Tracksuit, State Shirt, joggers (these must be predominantly white in colour).
- **Casual dress:**  
QLD State Team shorts or maroon shorts, track pants, state team t-shirts

### 5.9.3 Judges Uniform – Competition

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- **Women:**  
Navy skirt/pants, navy blazer, white shirt, and black shoes
- **Men:**  
Navy/grey pants, navy blazer, white shirt, navy tie, black shoes.

## 6.0 APPEALS & GRIEVANCE PROCEDURE

### 6.1 Appeals and Grievance Procedure

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All members have the opportunity to appeal and/or lodge a grievance to the relevant management levels. Further details are contained in the Queensland Gymnastic Association's Appeal and Grievance Regulations.

## 7.0 FEES

### Fee structure for Gymnastics Queensland Sanctioned Events:

- Queensland Championships \$44.00 per athlete
- Queensland Cup \$22.00 per athlete
- Qualifiers \$15.00 per athlete

## 8.0 JUDGES PAY SCALE

- Unregistered judges are permitted to judge but will not receive payment for their services.
- All registered judges working at GQ sanctioned event will be paid the following rates:
  - Level 1: \$18.00 per session
  - Level 2: \$22.00 per session
  - Level 3: \$28.00 per session
  - FIG: \$35.00 per session
- A session is defined as a time period between breaks. A session is a maximum of 3.5 hours

## 9.0 GYMNASTICS QUEENSLAND EVENT POLICY

### 9.1 Event "Entries" Policy

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- The following guidelines apply to all category one, category two and category three events
- These guidelines will come into effect as of the 1<sup>st</sup> January 2007
- **This process will be strictly adhered to and NO EXTENSIONS will be granted to any clubs entering the event**

### 9.2 Entries

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- Definitive Entries will not be processed without accompanying payment
- Failure to supply a judge will result in a proxy fine \$250.00
- **Up to one week after definitive will incur a 25% late fee; after workplan distribution no entries will be accepted**
- All athletes, judges and coaches must be registered with Gymnastics Queensland at the time the nomination form is received. A \$5.00 fee will be incurred for each non registered athlete, coach, judge.
- Should all details on the entry form not be completed then the entry form will be returned and a late entry fee applied, should it be received after the due date.

### 9.3 Withdrawals

- **NO REFUND** of the entry fee will be given to any withdrawals after the close of entries.
  - In the case of withdrawals supported by a medical certificate, a full refund of entry fee will be given to the medically affected athletes.
  - Medical certificates must be received by the Gymnastics Queensland office within 5 days after the event.
- NO EXCEPTIONS**

## 10.0 COMPETITION APPARATUS

- The floor area shall consist of a FIG recognised design, measuring 12m square, surrounded by a minimum 100cm edge.
- The padded area shall be 12m square and with a minimum matting thickness of 32 mm. The recommended minimum matting thickness for L7-10 and International events is 50cm.
- The top of the floor exercise surface will be carpeted and joined into one continuous surface.

## 11.0 COACHES CODE OF ETHICS

As an accredited Australian Gymnastic Federation coach, I will:

### **Abide by the rules of the Federation as set forth in its constitution and by-laws.**

- Follow procedures for enforcement of the Code of Ethics
- Accept any judgments made
- Use the established procedures for challenging a competitive result, contesting a team
- Selection decision, complaining about the conduct of another member, or attempting to
- Change policy of the Federation

### **Direct my observations and recommendations regarding all aspects of gymnastics to the appropriate persons for the betterment of the sport.**

- Be constructive in my criticisms and direct comments and observations to the relevant
- individuals and organisations, to avoid gossip innuendo and malicious comment
- Respect the efforts of appointed and elected representatives of the Federation

### **Represent my coaching status and myself in an honest and professional manner, without bringing the coaching profession or the Federation into disrepute**

- Use my accreditation status and Technical Membership of GA to represent my ability in
- an honest manner, not to gain unwarranted favors
- Be professional in and accept responsibility for my actions
- Extend professional courtesy to other coaches, athletes and their parents by keeping
- them informed in matters relevant to athlete's training programs
- Abide by and respect the regulations governing sport and the organisation and
- individuals administering those regulations
- Be a role model for my sport and my athletes
- Respect the rights, dignity and worth of every human being within the conduct of my
- involvement in gymnastics

### **Exercise a standard of care consistent with my competence and obligations as a coach**

- Show concern for the health, safety and welfare of athletes and colleagues
- Coach within the limits of my competence as a coach
- Follow GA safety guidelines in respect of the duty of care owed to the athlete
- Provide planned and sequential training programs based on the individual
- Developmental needs of athletes
- Modify the training program for injured athletes based on appropriate medical advice
- when required
- Provide a safe environment for participants in training and competition

### **Provide a quality service to my athletes and to the sport**

- Maintain or improve my current NCAS accreditation
- Seek continual improvement through performance appraisal and ongoing coach
- education
- Honor the responsibilities given to a coach by keeping all relevant qualifications up to
- date

- Work to ensure my athletes' time spent with me is a positive experience

**Promote and assist in the development of the coaching profession**

- Assist others to develop good attitudes, skills and knowledge relating to the sport
- Promote and assist in the education of other coaches

**Put athletes' welfare first; making decisions based on the best interests of my athlete's sporting, education and vocational careers**

- Acknowledge the individual talents and potential of athletes
- Maintain a balanced emphasis of sporting involvement within educational and career objectives

**Show leadership, and support efforts to remove the abuse of drugs in sport**

- Abide by the regulations of the relevant national and international sporting and government bodies
- Respect the health and dignity of athletes to compete on the basis of their abilities;
- within the rules of the sport of gymnastics

**Encourage, by example, the removal of any form of personal abuse or inappropriate discrimination**

- Refrain from verbal, physical or emotional abuse
- Refrain from any form of sexual harassment towards athletes and colleagues
- Refrain from using the influence of a coaching position to encourage inappropriate intimacy between coach and athlete
- Refrain from any discriminatory practices on the basis of race, religion, ethnic background, or special ability/disability of athletes
- Be alert to any forms of abuse towards my athletes from other sources whilst they are in my care

**Ensure physical contact with athletes is appropriate and necessary for the athletes' skill development**

- Ensure spotting methods and philosophy are consistent with established gymnastics principles
- Ensure spotting is used only to facilitate learning or safe performance

**Be aware of and follow rules and regulations as provided in the FIG Sports Acrobatics Code of Points**

### Judges' Code of Ethics

In order to present a professional image and to judge objectively and accurately, all judges should:

#### In General:

- Understand and abide by the Judge's Oath
- Be fully conversant with the Acrobatic Gymnastics FIG Code of Points and/or any other published rules and regulations pertaining to the standard of gymnastics being judged
- Actively maintain technical knowledge through ongoing review of the Code of Points, technical publications, video tapes and gym floor participation
- Attend all pre-competition judges meetings
- Dress in a tidy fashion befitting the status and image of a judge
- Be punctual for all official events
- Avoid the use of derogatory language
- Be prepared to counsel athletes and coaches regarding the athlete's performance after competitions

#### When traveling with a team:

- Report any significant outcomes from the pre-competition meetings to the team coach
- Be available to attend training sessions to advise on judging matters
- Emphasize the spirit of the sport rather than the errors
- Compliment and encourage all competitors
- Be accountable for one's own judging performance
- Be a current Technical Member of the Australian Gymnastic Federation/State Association

#### At competitions: (General)

- Dress in the standard judge's uniform for competition
- Be prepared for the competition by having all personal judging equipment and accessories readily available and by being conversant with the apparatus and exercises
- Be co-operative with competition organisers, floor managers, announcers and head judges
- Be quick and accurate in determining scores
- Be co-operative in judges' conferences and assist the Chair of Judges Panel (CJP) to arrive at the final score
- Be prepared to justify scores in a judge's conference
- Be consistent, objective and courteous at all times

#### At competitions: (Specific Obligations)

- During the competition period, hold no other responsibility\* and to make no contact with any coach or athlete by any method during warm-up or competition sessions.
- Contact may result in suspension from judging the particular competition session/s assigned and may also be accompanied by a warning.
- To either be in the assigned seating area for judges\* if not judging, or in place for judging on time and not leave their places, nor speak or signal in any way to other judges, spectators, coaches or competitors during the competition. Any infringement may be challenged and may result in a immediate warning or sanction.
- Denotes – With very few exceptions

#### Judges Oath

**“I declare on my honor that, in my capacity as a judge, I will allow myself to be guided only by the spirit of sporting loyalty and dignity and I pledge to judge the work presented conscientiously and without regard to person or nation” Officials and volunteers must:**

- Ensure that they know the competition program and rules
- Participate in meetings provided by competition organisers
- Ensure that coaches and competitors understand their rights and responsibilities
- Carry out duties in accordance with conduct requirements
- Behave in a manner so as to not bring themselves, their State Association or Sports Acrobatics into public disrepute or censure
- Agree to comply with competition rules
- Note that anyone who exhibits disrespect to judges or officials through words or actions may be denied access to the competition area (the Judging Coordinator may initiate this action upon observation or upon receiving a complaint)
- Only access the competition area if currently involved
- Remain seated in the competition area during the competition unless necessary

- Officials and volunteers have the right to:
- Be supplied with a competition program, including a timetable of events