

Gymnastics Queensland



Sports Acrobatics Competition Regulations 2006

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1.0 2006 SPORTS ACROBATICS EVENT CALENDAR

Date	Discipline	Event	Location	Count
January				
March				
April				
2 nd	ACRO	Challenge 1		3
23 rd	GQ	Gymnastics Queensland AGM	Brisbane	1
May				
7 th	ACRO	Challenge 2		3
June				
4 th	ACRO	Challenge 3		3
17 th	ACRO	Qualifying Competition		
July				
August				
4- 6 th	ACRO	State Championships	Boondall	2
September				
10 th	ACRO	State Team Training		
23 - 1	ACR/CHL/AE R	National Championships		
November				
December				

2.0 SPORTS MANAGEMENT COMMITTEE (SMC)

2.1 SPORTS MANAGEMENT COMMITTEE COMPOSITION

- Sport Management Committee Chairperson
- Judging Coordinator
- Coaching Coordinator
- General Member x 1
- General Member x 2

2.2 SPORTS MANAGEMENT COMMITTEE DUTIES

- Formulate technical regulations and technical policy for the conduct and development of Sports Acrobatics.
- Implement technical regulations and technical policy for the conduct and development of Sports Acrobatics.
- Conduct formal meetings - at least quarterly.
- Provide input to the Gymnastics calendar of events.
- Make recommendations to GQ Board concerning the administration of technical regulations and technical policy.
- Make decisions based on a consensus of agreement of all the Sport Management Committee members notwithstanding the provisions of Clause 17(3) of the GQ constitution.
- Work with and advise as required the Events and Education Coordinators and other GQ Staff.

2.3 COMMUNICATION

- All communications to the Sports Acrobatics Sport Management Committee must be made in writing. The Sport Management Committee will not address any concerns or complaints that are not in writing. General queries may be made by phone and should be directed through the GQ Events Coordinator.

3.0 EVENTS, APPARATUS & ROUTINES

3.1 EVENTS

Sports Acrobatics incorporates the following competition divisions:

- Men's Pair
- Women's Pair
- Mixed Pair
- Women's Trio
- Men's Four

3.2 APPARATUS

- The floor area shall consist of a FIG recognised design measuring 12 m square, surrounded by a minimum 100cm edge.

- The padded area shall be 12m square and with a minimum matting thickness of 32 mm. The recommended minimum matting thickness for L7-10 and International events is 50cm.
- The top of the floor exercise surface will be carpeted and joined into one continuous surface.

3.3 ROUTINES

- Every acrobatic group or pair must perform routines to music.
- The maximum length of each routine is two minutes and thirty seconds.
- The performance of the routines can be scheduled in any order eg) Balance and then Dynamic or vice versa.
- Combined routine is always scheduled to be performed last of the acrobat's routines.

3.3.1 Balance Routine

- The balance routine demonstrates flexibility, strength and balance through; partner pyramids, individual elements and dance.
- This routine is performed by all acrobatic pairs and groups from levels 1-10.

3.3.2 Dynamic Routine

- The dynamic routine demonstrates acrobatic throws, somersaults and catches, tumbling and dance. Flight and amplitude must be shown.
- This routine is performed by all acrobatic pairs and groups from levels 1-10

3.3.3 Combined Routine

- This routine is designed to display acrobats' best elements, from both balance and dynamic routines within the one performance.
- This routine is performed by all acrobatic pairs and groups from levels 8-10 only.
-

4.0 FEES

Fee structure for Gymnastics Queensland Sanctioned Events:-

- | | |
|----------------------------|-------------------------------|
| ▪ Queensland Championships | \$34.00 per event per acrobat |
| ▪ Qualifying Competition | \$17.50 per event per acrobat |
| ▪ Challenge Competitions | \$11.50 per event per acrobat |

Judge Pay Scale:-

- Unregistered judges are permitted to judge but will not receive payment for their services
- All registered judges working at GQ sanctioned event will be paid the following rate:
 - Level 1: \$18.00 per session
 - Level 2: \$22.00 per session
 - Level 3: \$28.00 per session
 - FIG: \$35.00 per session
- A session is defined as a time period between breaks. A session is a maximum of 3.5 hours.

5.0 COMPETITION STRUCTURE

5.1 JUDGES

- a) Each club is required to nominate at least one judge (at an appropriate level for their nominated competitors) for the competition.
- b) If a club does not supply a judge a proxy fee of \$100.00 per session will be incurred, and payable to GQ.
- c) Payment of Judges
Queensland Gymnastics will be responsible for the payment of judges at category one (1) events only. Host club will be responsible for the payment of judges at category two (2), category (3), category (4) and category (5) events. All payments should be made on completion of the relevant sessions of the competition.

6.0 GUIDELINES FOR LEVEL TESTS

6.1 LEVEL 1-3

- a) Testing may occur in individual clubs at any time or at Gymnastic Queensland sanctioned events.
- b) Level Badges are obtained from GQ for \$ 3.80 (incl. GST).
- c) All components of the level test must be completed as per the GA levels manual
- d) GQ requires an electronic copy of the master score sheet

6.2 LEVEL 3-10

- a) May only occur at a Gymnastics Queensland sanctioned Qualifier or Regional event
- b) All Sports Acrobatics athletes must compete in at least one (1) GQ sanctioned Sports Acrobatics event in order to qualify to compete in the GQ Sports Acrobatics State Championships. The GQ entered event must be in the same competition season which starts the day after Nationals and finishes at Nationals the following year. If an athlete is unable to compete due to injury they may apply in writing with a letter of explanation and accompanied with a medical certificate for consideration by the Sports Management Committee (C/- GQ Sports Acrobatics Coordinator) prior to the event.
- c) A qualification score of 75% will be required to pass your level. This can be achieved at any GQ sanctioned event (Qualifiers, Challenge). A score of 75% is also required to qualify to participate in QLD State Championships.

7.0 LEVEL 1-3 COMPETITIONS

7.1 PURPOSE

- The aim of these competitions is to provide an opportunity for these acrobats to gain competition experience and knowledge which subsequently will enhance the quality of the QLD State Team in the future.

7.2 RULES OF COMPETITION

- The rules of competition are as per the GA Levels 1-3 Manual.

7.3 RESULTS

- An electronic copy of the results must be forwarded to GQ within 24 hours of the completion of the event. The results will be placed on the QG web site and filed.

7.4 JUDGES

- A minimum of 1 judge who is experienced at judging levels 1-4, can be CJP for this level of competition. Alternatively, two accredited level 1 judges may be used at these competitions. The list of judges must be forwarded to the State Judging Co-ordinator.

7.5 AWARDS

- Medals will be awarded for 1st, 2nd, and 3rd places. A participation certificate will be awarded to all competitors.

8.0 LEVEL 3-10 COMPETITIONS

8.1 PURPOSE

- The aim of these competitions is to provide an opportunity for the acrobat to pass their nominated level, to compete at the Queensland Championships, and to be selected into the Qld State Team.

8.2 RULES OF COMPETITION

- The rules of competition are as per the Gymnastics Australia Levels Manual 4 – 10

8.3 AWARDS

- At Challenge Competitions no medals will be awarded. A participation certificate will be awarded to all competitors.
- At the Qualifying Competition, medals will be awarded for 1st, 2nd, and 3rd places. A participation certificate will be awarded to all competitors.
- At Challenge Competitions and the Qualifying Competition, levels badges will be available to purchase for those who pass their level.
- At State Championships, medals will be awarded for 1st, 2nd, and 3rd places. A participation certificate will be awarded to all competitors.
- State Championships Overall Club Award – the overall club award will be calculated by the sum of the values from 1st to 3rd place
 - 1st Place – 10 points
 - 2nd Place – 6 points
 - 3rd Place – 3 points

If a tie occurs where two clubs have the same total score, the club with the most competitors placing 1st will win the Overall Club Award.

If a tie occurs after this, both clubs will be awarded the Overall Club Award.

- At Qld Cup, a Trophy-Cup will be awarded to the acrobatic group/pair with the highest overall percentage. This will be calculated by taking their scores and dividing it by the total possible score for their level and multiplying it by 100. Medals will be awarded to 2nd and 3rd place also.
 - **Qld Cup Perfection Award:** This will be awarded to the acrobatic group/pair that achieves the highest execution score in 1 routine. (Any ties will be broken by looking at who has the higher difficulty score, if that does not break the tie, then 2 awards will be given)
 - **Qld Cup Performance Award:** This will be awarded to the acrobatic group/pair that achieves the highest artistry score in 1 routine. (Any ties will be broken by looking at who has the higher difficulty score, if that does not break the tie, then 2 awards will be given)
 - A participation certificate will be awarded to all competitors.
 - Levels badges will be presented to those who pass their level

9.0 STATE TEAM SELECTION

9.1 QUALIFICATION

- a) Participation in the Queensland Championships is mandatory
- b) Athletes must achieve the minimum qualifying score of 80% of the total score in a GQ sanctioned competition.
- c) The first three placed athletes (providing they have achieved the qualifying score) will be automatically selected into the team
- d) The final place will be at the Selection Committee's discretion and based on results achieved at all competitions throughout that year and any other extenuating circumstances that may have arisen.
- e) Exemption from the Queensland Championships must be requested in advance or a Doctor's certificate must be provided within five (5) days of the competition.
- f) A women's trio or men's four entered in a competition is considered one unit and qualifies as one unit. However, once qualified a **substitution** of one athlete may be permitted.

9.2 APPEALS

Coaches may appeal on behalf of their athletes for re-evaluation. The appeal must be in writing, to GQ and the Sports Acrobatics Sport Management Committee, within five (5) working days after the completion of the Queensland Championships. For an appeal to be considered one (1) or more of the following criteria will be used:

- ⇒ Injury or illness
- ⇒ An unexpected poor performance by the group (eg fall, drop)
- ⇒ Inability to compete at the Queensland Championships.

9.3 COMPOSITION OF QUEENSLAND TEAM OFFICIALS

- Managers
- State Coach
- Assistant Coaches
- Judges
- Chaperones
- Team

All are required to wear the designated uniform with the exception of the Chaperones and the Judges. Judges may wear the uniform if they wish.

The number of athletes selected will determine the number of officials required for the State Team.

9.4 TEAM TRAVEL

The Team will travel as a team under the direction of Gymnastics Queensland.

9.5 TEAM ACCOMMODATION

The Queensland Team will be accommodated under the direction of Gymnastics Queensland.

9.6 ATHLETE AND TEAM OFFICIALS UNIFORM

Athletes Uniform - Competition

Leotard: No longer are acrobats required to wear QLD leotard in any level. The design and pattern of the competition attire must adhere to the guidelines set out in the FIG Code of Points. Acrobatic pairs/ groups may CHOOSE to wear the QLD leotard for one or all routines. Please note, QLD team longs are plain maroon and do not meet the criteria

Girls: Tracksuit, state t shirt, predominantly white joggers

Boys: Tracksuit, state t shirt, predominantly white joggers

Casual dress: maroon shorts, track pants, state team t shirts

Judges Uniform – Competition

Women: navy skirt/pants, navy blazer, white shirt, black shoes

Men: navy/grey pants, navy blazer, white shirt, navy tie, black shoes.

10.0 GYMNASTICS QUEENSLAND EVENT “ENTRIES” POLICY

- The following guidelines apply to all category one, category two and category three events.
- These guidelines will come into effect as of the 1st January 2006.
- **This process will be strictly adhered to and NO EXTENSIONS will be granted to any clubs entering the event.**

10.1 ENTRIES

- Entries are due on the designated date set by Gymnastics Queensland.
- **Definitive Closing Date** is set 4 weeks prior to the event. Payment is due with final names and numbers competing.
- Payment of all entry fees must accompany the official Gymnastics Queensland entry form. In the case of electronic entries, payments must be made by Credit Card or via direct deposit.
- Entries received 7 days after the designated date will incur a late entry fee of 25% of the total entry fee.

- Late entries will be received up until 4.00pm (Eastern Standard Time) five days following the designated close of entries. This will only occur provided there is the ability for the late entries to be incorporated into the existing event program.
- Late entries received after the work plan has been distributed will incur a late entry fee of 50% of the total entry fee
- If a judge is not supplied a fee of \$250.00 will apply.

10.2 WITHDRAWALS

- **NO REFUND** of the entry fee will be given to any withdrawals after the close of entries.
- In the case of withdrawals supported by a medical certificate, a full refund of entry fee will be given to the medically affected acrobat and to their acrobatic partners.
- Medical certificates must be received by the Gymnastics Queensland office within 5 days after the event. **NO EXCEPTIONS**