

Gymnastics Queensland



Rhythmic Gymnastics Competition Handbook 2006

TABLE OF CONTENTS

1.0	2006 RG Calendar	Page 3
2.0	Sports Management Committee	Page 4
	2.1 SMC Composition	Page 4
	2.1 SMC Duties	Page 4
3.0	Routine Requirements	Page 4
	3.1 2006 Apparatus	Page 4
	3.1.1 Apparatus for Individuals	Page 4
	3.1.2 Apparatus for Groups	Page 5
	3.2 Competition Floor Size	Page 5
	3.3 Routine Length - Individuals	Page 5
	3.4 Routine length – Groups	Page 5
4.0	Fees	Page 6
5.0	Music	Page 6
6.0	Gymnast Transfers	Page 6
7.0	Guideline for Levels	Page 7
	7.1 Level 1 – 3	Page 7
	7.2 Guidelines for Level 1 – 3 Participation Events	Page 7
	7.3 RG Level 1 – 3 Team Carnival	Page 9
	7.4 Purpose	Page 9
	7.5 Divisions	Page 9
	7.6 Eligibility	Page 9
	7.7 Championship Rules	Page 10
	7.8 Awards	Page 10
	7.9 Apparatus	Page 10
8.0	Level 4 – 6	Page 11
	8.1 Level 7 – 10	Page 11
9.0	Trials	Page 11
	9.1 Requirements	Page 11
	9.2 Competition Requirements	Page 11
10.0	RG State Championships	Page 12
	10.1 Eligibility	Page 12
	10.2 Requirements	Page 12
	10.3 Events	Page 12
	10.3.1 Senior States	Page 12
	10.3.2 Junior States	Page 12
	10.4 Awards	Page 12
11.0	State Team Selection	Page 13
	11.1 State Team Selection Panel Composition	Page 13
	11.2 Criteria for Selection	Page 13
	11.3 Provision for Injury/Illness/National Representation	Page 13
	11.4 Announcement of the State Team	Page 14
	11.4 Team Placement	Page 14
12.0	Multiple State Titles	Page 14
	12.1 Purpose	Page 14
	12.2 Eligibility	Page 14
	12.3 Eligibility for Grades	Page 15
	12.4 Eligibility for Categories	Page 15
	12.5 Requirements	Page 15
	12.6 Awards	Page 15
13.0	Competition Rules	Page 16
	13.1 Discipline of the Gymnasts	Page 16
	13.2 Protests	Page 16
14.0	Gymnastics Queensland “Event” Policy	Page 16
	14.1 Entries	Page 16
	14.2 Withdrawals	Page 17

1.0 2006 RHYTHMIC EVENT CALENDAR

TENTATIVE DATES	EVENT	TENTATIVE VENUES
26 th February	Stage 1-4, Junior, Senior & Level 7-10 Trial 1	St. Margaret's
12 th March	Stage 1-4, Junior, Senior & Level 7-10 Trial 2	Elite RG Gold Coast
7 th / 9 th April	Senior State Titles	Chandler
19 th /25 th May	Senior Nationals	Sydney
04 th June	Level 4-6 Test/Trial	St. Hilda's
04 th June	RG Level 1-3 Competition 1	St. Hilda's
16th July	Level 4-6 State Titles	St. Margaret's
16 th July	RG Level 1-3 Competition 2	St. Margaret's
10 th September	Multiples Trial	Elite RG Gold Coast
25 th /28 th September	NRCC	Melbourne
15 th October	Multiples State Titles	St. Margaret's
26 th November	Level 7-9 Test	St. Hilda's
26 th November	Level 1-3 Carnival	St. Hilda's
2 nd December	Combined Carnival	
	Junior & Senior Elite Optional to attend only One Trial.	

2.0 SPORTS MANAGEMENT COMMITTEE (SMC)

2.1 SPORTS MANAGEMENT COMMITTEE COMPOSITION

- Two Directors

2.2 SPORTS MANAGEMENT COMMITTEE DUTIES

- Formulate technical regulations and technical policy for the conduct and development of Rhythmic Gymnastics.
- Implement technical regulations and technical policy for the conduct and development of Rhythmic Gymnastics.
- Conduct formal meetings on a regular basis
- Provide input to the gymnastics calendar of events.
- Make recommendations to GQ Office concerning the administration of technical regulations and technical policy.
- Make decisions based on a consensus of agreement of all technical committee members
- Work with and advise as required the Events and Education Coordinators and other GQ Staff.
- All communications to the Rhythmic Gymnastics Sport Management Committee must be made in writing via Gymnastics Queensland's office.
- The Sport Management Committee will not address any concerns or complaints that are not in writing.

3.0 ROUTINE REQUIREMENTS

3.1 2006 APPARATUS

3.1.1 Apparatus for individuals

Levels

Level 1	Freehand and club Hoop routine
Level 2	Freehand and club Rope routine
Level 3	Freehand and club Rope & Ball routine
Level 4	Optional Freehand routine and club Rope, Hoop, Ribbon
routines	
Level 5	Optional Freehand routine and club Hoop, Ball, Ribbon routines
Level 6	Optional Freehand Routine and club Rope, Hoop, Ribbon
routines	
Level 7	Optional Rope, Hoop, Ball, Clubs
Level 8	Optional Hoop, Ball, Clubs, Ribbon
Level 9	Optional Rope, Ball, Clubs, Ribbon
Level 10	Optional Rope, Ball, Clubs, Ribbon

Elite

Stage 1	Optional Freehand, Hoop, Ball, Clubs
Stage 2	Optional Freehand, Hoop, Ball, Clubs
Stage 3	Optional Freehand, Hoop, Ball, Ribbon

Stage 4	Optional Rope, Hoop, Clubs, Ribbon
Junior	Optional Rope, Hoop, Clubs, Ribbon
Senior	Optional Rope, Ball, Clubs, Ribbon

3.1.2 Apparatus for Groups

Grade 1 Group	Set Freehand routine
Grade 2 Group	Set Rope routine
Grade 3 Group	Set Hoop routine
Grade 4 Group	Rope
Grade 5 Group	Hoop
Grade 6 Group	Ball
Grade 7 Group	5 ribbons plus 3 Hoops and 2 clubs
Category 1	Optional Freehand Pair 10 & Under & O'10 Optional Freehand Trio, 10 & Under & O'10 Optional Same Apparatus Pair 10 & Under & O'10 Optional Same Apparatus Trio 10 & Under & O'10
Category 2, 3, 4 & 5	Optional Same Apparatus Pair Optional Same Apparatus Trio Optional Mixed Apparatus Pair Optional Mixed Apparatus Trio

3.2 COMPETITION FLOOR SIZE

- Level 1–3 Two strips
- Level 4-Elite 13m x 13m

3.3 ROUTINE LENGTH - INDIVIDUALS

- Level 1-3 45sec – 1 min 15 sec
- Level 4-9 1 min – 1 min 30 sec
- Level 10 1 min 15sec – 1 min 30 sec
- Stage 1 45sec – 1 min 15 sec Apparatus & FX
- Stage 2 45sec – 1 min 15 sec Apparatus & FX
- Stage 3 1 min 15 sec – 1 min 30 sec (FX), and set music
- Stage 4 1 min 15 sec – 1 min 30 sec
- Junior & Senior 1 min 15 sec – 1 min 30 sec

Please note: Stage 1, 2, 3, 4 Junior & Senior as per FIG regulations.

3.4 ROUTINE LENGTH - GROUPS

- Grade 1 Group Set routine
- Grade 2 Group Set routine
- Grade 3 Group Set routine
- Grade 4 Group 1 min 30 sec – 2 min 30 sec
- Grade 5 Group 1 min 30 sec – 2 min 30 sec
- Grade 6 Group 2 min 15 sec – 2 min 30 sec
- Grade 7 Group 2 min 15 sec – 2 min 30 sec
- Category 1 & 2 45 sec – 1 min 30 sec
- Category 3, 4 & 5 1 min 30 sec – 2 min

Please note: **Grade 6 & 7 Groups** as per FIG regulations.

4.0 FEES

Fee structure for Gymnastics Queensland Sanctioned Events

Test/Trials	\$ 33.00 per gymnast
Level 1 Participation Event	\$11.00 per gymnast
Level 1-3 Team Carnival	\$17.00 per gymnast
State Titles	\$ 71.50 per gymnast
Multiples Trials	\$ 5.50 per gymnast per routine – max \$ 27.50
Multiples States	\$ 11.00 per gymnast per routine – max \$ 55.00

(All Fees include GST)

Judge Pay Scale:-

- a) Unregistered judges are permitted to judge but will not receive payment for their services
- b) All registered judges working at GQ sanctioned event will be paid the following rate:
 - Level 1: \$18.00 per session
 - Level 2A: \$20.00 per session
 - Level 2B: \$25.00 per session
 - Level 3: \$30.00 per session
 - Brevet: \$35.00 per session

5.0 MUSIC

- a) It is permissible to use vocal sounds as musical accompaniment to rhythmic gymnastics, provided the voice is used like an instrument and does not contain any words.
- b) Gymnasts must have their own music Tapes/CD with the correct labelling stating:
- c) Pot Purée not permitted
 - Name of gymnast
 - Apparatus in symbol
 - State or Club
 - Length of music
 - Stereo or mono
 - Name of composer
 - Name of piece of music

6.0 GYMNAST TRANSFERS

FROM LEVELS TO ELITE DIVISION

- a) RG gymnasts can only compete in the same individual division in one year. Gymnasts are not eligible to compete in both the National individual program and the Elite individual Program in the same year.

- b) Gymnasts from any club can transfer to another club of their choice or transfer from elite stream to levels stream.
- c) However, they cannot competitively represent their “new” club or “new” stream in any Gymnastics Queensland sanctioned event for a period of two (2) months from the date of transfer. This includes NAT. A gymnast’s old club however, may waive the two month waiting period.
- d) This date of transfer shall be considered the date at which Gymnastics Queensland receives written official notice from the gymnast that a transfer is to take place
- e) The recommended transition from elite to levels is:
 - STAGE 1 - PASSED LEVEL 3
 - STAGE 2 - PASSED LEVEL 4
 - STAGE 3 - PASSED LEVEL 6
 - STAGE 4 - PASSED LEVEL 7
 - JUNIOR - PASSED LEVEL 8

7.0 GUIDELINES FOR LEVELS

All Level 1 - 9 Gymnasts are required to pass a level badge test as entry into that level.

Level badge testing will be judged as per the National Levels Program

7.1 LEVEL 1 - 3

- Gymnasts may attain Level 1 - 3 within the Club System. A Level 1 Coach in conjunction with a Level 2A Judge can perform readiness testing/evaluation.
- Level Badges will be awarded to successful gymnasts in their specific discipline.
- Level badges need to be ordered from Gymnastics Queensland in advance of the testing day/competition.
- When ordering badges a list of gymnast’s names, their registration numbers and level attempting together with payment for badges (\$4.00 per badge) needs to be forwarded.
- Gymnast’s registrations will be verified and badges sent to the Club prior to the day of competition/test.
- Please make sure to order up to 4 weeks minimum prior to the event to ensure that badges are received.
- Required to compete a Freehand routine and Apparatus elements (Rope, Hoop, Ball, Clubs, and Ribbon)

7.2 GUIDELINES FOR LEVEL 1 - 3 PARTICIPATION EVENTS

Guidelines

- Gymnasts may attain Level 1 - 3 at a Participation Event or within the Club System under a Level 2A or above Judge.
- Levels Badges will be awarded at the Participation events or can be ordered through Gymnastics Queensland once the required Level has been passed.

- Levels Badges need to be ordered in advance prior to the event or testing.
- Gymnast's registrations will be verified and badges sent to events/clubs prior to the day or event/test.
- Please make sure to order up to 4 weeks minimum prior to the event to ensure that badges are received.
- Required to complete Compulsory Freehand Routine and all Apparatus Elements to pass a level. (Rope, Hoop, Ball, Clubs & Ribbon.)

Eligibility

- Any registered member of Gymnastics Australia
- No age restrictions.

Event Details

- Each event will be circuit based divided into two sections. Every child can participate in this program at their own pace.
- Participation Event 1 Compulsory Freehand Routine plus up to 3 Apparatus of standing Elements
- Participation Event 2 Compulsory Freehand Routine plus up to 3 Apparatus of standing Elements

Rules

- The gymnasts must be a registered member of Gymnastics Australia.
- The gymnasts need to complete all apparatus and Compulsory Freehand to attain Level and badge.
- To attain a levels badge the gymnast can either attend both participation events or complete their test within their own clubs.
- Each club needs to supply a judge and volunteer at each event.

Dress

- Club Leotard or Bike Pants and Top.

Awards

- Every Child will be given a card upon their arrival at the event. This card will be their levels card which includes all the standing elements and the compulsory freehand routine. The gymnasts will receive a stamp in the box next to the element/routine once attained.
- Each event every child is eligible for a ribbon. There will be four different coloured ribbons that will represent their level of achievement on the day. The colour ribbon will be determined by the National Levels Code Guidelines.

Green
Yellow
Red
Blue

- To be eligible for their levels badge each child must have completed their card and attained the pass mark to receive their badge.

Judging

- As per the new National Levels Code
- Judges must be Level 2A or above.

7.3 RG LEVEL 1- 3 TEAM CARNIVAL

7.4 PURPOSE

- The aim of the Level 1-3 Team Carnival is to provide an opportunity for the lower level gymnasts with competition experience. The RG Level 1-3 Team Carnival will be open to ALL affiliated clubs throughout the state.

7.5 DIVISIONS

<i>Division</i>	<i>Levels</i>	<i>Competition Requirements</i>	<i>Scoring</i>
<i>Division G</i>	Composite 1 – 3 All ages	As per E – A Guidelines	Maximum 5 gymnasts per team - best 3 scores on each apparatus to count. Max 2 gymnasts in the same level.
<i>Division F</i>	Level 1 under 10	Level 1 Freehand and club Hoop routine	Maximum 5 gymnasts per team - best 3 scores on each apparatus to count
<i>Division E</i>	Level 1 over 10	Level 1 Freehand and club Hoop routine	Maximum 5 gymnasts per team - best 3 scores on each apparatus to count
<i>Division D</i>	Level 2 under 10	Level 2 Freehand and club Rope routine	Maximum 5 gymnasts per team - best 3 scores on each apparatus to count
<i>Division C</i>	Level 2 over 10	Level 2 Freehand and club Ball routine	Maximum 5 gymnasts per team - best 3 scores on each apparatus to count
<i>Division B</i>	Level 3 under 10	Level 3 Freehand and club Rope & Ball routine	Maximum 5 gymnasts per team - best 3 scores on each apparatus to count
<i>Division A</i>	Level 3 over 10	Level 3 Freehand and club Rope & Ball routine	Maximum 5 gymnasts per team - best 3 scores on each apparatus to count

7.6 ELIGIBILITY

- All gymnasts within a team must be enrolled with the same club in divisions E - A..
- All gymnasts must compete in the level for which they are currently qualified (i.e. gymnasts cannot compete below their current level).
- Teams must compete In one club uniform.

- **Composite teams can only have a maximum of 2 gymnasts in the same level and can be combined clubs.**

7.7 CHAMPIONSHIP RULES

- Clubs may enter one team of 5 gymnasts per Club per Division.
- A team may consist of 3 to 5 gymnasts with **each team**.

7.8 AWARDS

Guidelines for Queensland Level 1 – 3 Team Carnival Club Champion

Divisions

- Trophies will be awarded for 1st, 2nd, 3rd Club Team in each Division
- Pennants will be awarded for 4th, 5th, 6th Team in each Division
- A ribbon will be awarded to each team member

Overall Club Champion

- Trophies will be awarded for 1st, 2nd and 3rd Overall Club Team over 3 Divisions
 - Pennants will be awarded for 4th, 5th and 6th Overall Club team over 6 Divisions
- a) The Overall Champion Club will be determined by aggregate team points over all divisions calculated as follows:

Team Result for Each Division	
1st overall	12 points
2nd overall	10 points
3rd overall	8 points
4th overall	6 points
5th overall	4 points
6th overall	3 points
7th overall	2 points
All other places	1 point

- b) The top six places will be recognised at the Overall Champion Club trophy presentation.

7.9 APPARATUS

- Level 1 Freehand and club Hoop routine 2 strips
- Level 2 Freehand and club Rope routine 2 strips
- Level 3 Freehand and club Ball routine 2 strips
- Freehand is a Optional Club routines with Compulsory Elements as per GA Levels Manual.
- All apparatus routines are to be 40-75 seconds in length.

8.0 LEVEL 4 - 6

- Gymnasts **must** have passed a Level Badge Test prior to the 1st Trial. This maybe held in-house with an independent Level 2A judge or immediately prior to the first trial on the same day.
- Gymnasts sitting for Level Test on the same day as badge test/trial must pass their level badge before proceeding to the trial,
- Competing routines at an invitational or club competition does **not** qualify as a Level Test.
- Level Badges will be awarded to successful gymnasts.
- Required to compete Freehand routine and Apparatus elements (Rope, Hoop, Ball, Clubs and Ribbon).
- Gymnast must have passed badge test as the qualification for the GQ sanctioned event TRIAL 1.
- In regional areas a sanctioned event maybe used as a qualifying trial to proceed to the Level 4-6 State Championships.
- Clubs are encouraged to host Invitational Level 4-6 Events. If these events are to be used for Badge Testing sanctioning is required from Gymnastics Queensland.

8.1 LEVEL 7-10

- Gymnasts **must** attend a GQ sanctioned level badge test to pass Level 7, 8, 9.
- Level Badges will be awarded to successful gymnasts
- Competing at an invitational or club competition does **not** qualify as a level test or entrance to State Championships.
- Invitational events are encouraged.

9.0 TRIALS

9.1 REQUIREMENTS

- Gymnasts will compete routines from their respective Level based on the requirements in the Gymnastics Australia RG National Program Manual.

9.2 COMPETITION REQUIREMENTS

- For the purpose of qualification for State Championships gymnasts **must** attend compulsory trials.
- Gymnasts must compete **in the State** Multiples Trial to be eligible for the Multiples State Titles.

Discretion

- At the discretion of the SMC the following extenuating circumstances may be taken into consideration:

- Exemptions based on merit with approval from SMC
 - Australian representative
 - GA sanctioned activity/event
 - Medical certificate for one of the 2 Trials, and
- Extenuating circumstances at the discretion of the SMC presented in writing.

10.0 RG STATE CHAMPIONSHIPS

10.1 ELIGIBILITY

- Gymnasts in Levels 4 -10, Stage 1-Senior Elite **must** have competed at a sanctioned compulsory trial.
- There will be no qualifying mark for 2006 due to the new code.
- Qualifying scores will be looked at again in 2007.
- Level 7-10 no qualifying mark for 2006 competitive year

10.2 REQUIREMENTS

- Each club is required to provide 1 judge who is a current technical member. Failure to provide the judge will result in the GQ (State) fine being \$100.00
- Each club must supply one volunteer per session per event to be able to compete as a club.

10.3 EVENTS

10.3.1 Senior States

- Stage 3
- Stage 4
- Junior Elite
- Senior Elite
- Levels 7,8,9,10

10.3.2 Junior States

- Stage 1
- Stage 2
- Levels 4,5,6

10.4 AWARDS

- Trophies will be awarded to 1st, 2nd, and 3rd in the All-round competition.
- Medals will be awarded to 1st, 2nd, and 3rd for each apparatus.
- Certificates will be awarded for 4th, 5th and 6th in the All-round competition.
- Participation certificates will be awarded to all competitors.
- In a situation of equal scores medals will be awarded for equal place

11.0 STATE TEAM SELECTION

11.1 STATE TEAM SELECTION PANEL COMPOSITION

- Two RG Technical Directors
- GQ Sports Officer

Note: Ex-officio see article Technical Regulations 4.4.1

11.2 CRITERIA FOR SELECTION

- Only gymnasts who attend the State Championships and those who have applied to the RG Sport Management Committee for consideration due to medical reasons or Australia international competitions commitments will be eligible for selection into the Queensland Team
- Only Qld residents may be members of State Teams. A resident of Qld is defined as a person who has continually resided at a Qld address for a period of **three months** prior to State Titles.
- A gymnast must be a member of a Gymnastics Queensland affiliated club.
- A gymnast must be registered on the 2006 National database and have no outstanding accounts to Gymnastics Queensland.
- A maximum of up to 8 gymnasts, comprising of one (1) team of a maximum of four gymnasts and a maximum of four (4) individual gymnasts can be selected in each Level and Elite.
- The top 8 gymnasts in each division at will be announced at Senior State Championships to represent QLD at the Senior National Championships.
- The top 4 gymnasts to compete as a team within the team at Nationals will be selected based on consistency and performance readiness as observed at the compulsory State team training. The control test will be done with a panel comprising of the following:
 - .Three of Queensland's Highest Qualified Technical Judges
 - One appointed SMC member
- At the discretion of the SMC the following extenuating circumstances may be taken into consideration:
 - Exemptions based on merit with approval from SMC
 - Australian representative
 - GA sanctioned activity/event
 - Medical certificate for on of the 2 Trials, and
 - Extenuating circumstances at the discretion of the SMC.

11.3 PROVISION FOR INJURY/ILLNESS/NATIONAL REPRESENTATION

- Any gymnast unable to compete in a qualifying competition, from which a representative team is to be selected, due to injury, illness, National representation overseas or other circumstances, may apply, in writing

to the RG Sport Management Committee, for the right to remain eligible for selection. This must be received prior to the commencement of the qualifying competition.

- Supplementary evidence in the form of medical certificates or letter from Gymnastics Australia should be supplied as applicable.
- In the event of injury during a qualifying competition coaches may apply, in writing, within thirty (30) minutes of completion of the competition to the RG Sport Management Committee, for the right to remain eligible for selection.

11.4 ANNOUNCEMENT OF THE STATE TEAM

- The RG Sport Management Committee will announce the State Team at the conclusion of the Queensland State Championships.

11.5 TEAM PLACEMENT

To be considered “Performance Ready” a gymnast must be able to:

- Achieve scores which are equivalent to the qualification scores required for the competition in question
- Contribute to the highest possible team score for the competition in question.
- Perform routines to the standard of the competition in question.
- Demonstrate a level of fitness which will allow the athlete to compete at an appropriate standard
- Performance readiness must be demonstrated upon request from the designated event by the Selection Committee.
- The control tests where a gymnast’s “Performance Readiness” is being evaluated it is necessary to have appropriate level judges in attendance.
- The final team placements will be decided at the Compulsory State Team Trainings.

12.0 MULTIPLES STATE TITLES

12.1 PURPOSE

The purpose of the Multiples competitions and trials is for the gymnasts to experience competitiveness in a team event, build a team spirit and enjoy the fun time.

12.2 ELIGIBILITY

- Age eligibility as per National Category and Groups Manual will be strictly adhered to
- For the multiples competition gymnasts may compete in a level higher than their registered level but they must remain in that category for the duration of the competition.
- Categories are as per National grid.
- Gymnasts must have competed at least at a GQ sanctioned trial.

- There is no qualifying mark for the Multiples State Titles.

12.3 ELIGIBILITY FOR GRADES

The following levels of gymnasts compete in certain Grades:

Grade	1	2	3	4	5	6	7
Level	Level 1-3 Stages 1 & 2	Level 1-3 Stages 1 & 2	Level 1-3	Level 1-6 Stages 1-4	Level 4-10 Stages 1-4 Junior Elite Senior Elite <i>*Maximum of 2 Elite gymnasts per routine performed</i>	junior Elite	Senior Elite

Note: Taken from the National Groups Table (Grades). Please refer to 3.0 for further routine requirements.

12.4 ELIGIBILITY FOR CATEGORIES

The following levels of gymnasts compete in certain Categories:

Category	Category 1	Category 2	Category 3	Category 4	Category 5
Level	Level 1-3 10 & Under and Over 10 Stages 1 & 2	Level 1-3	Level 4-6 Stage 3	Level 7-10 Stage 4	Elite gymnasts

Note :

- Taken from the National Groups Table (Grades). Please refer to 3.0 for further routine requirements.

12.5 REQUIREMENTS

Each club is required to provide 1 judge who is a current technical member. Failure to provide a judge will result in the GQ (State) fine being \$100.00 Each club must supply one volunteer per session per event to be able to compete as a club.

12.6 AWARDS

- Medals will be awarded to 1st, 2nd, and 3rd.
- Certificates will be awarded to 4th, 5th and 6th, where applicable.
- Participation certificates will be awarded to all competitors.
- Medals will be awarded for 1st, 2nd & 3rd in all grades if budget allows, if not as per National Grid.

13.0 COMPETITION RULES

13.1 DISCIPLINE OF THE GYMNASTS

- Individual gymnasts or groups should be present in the competition area only once they have been called either by microphone or by the Assistant Judge, or when the green light/flag is showing
- During a group exercise, the gymnasts are not allowed to communicate verbally with each other
- The gymnast must present the official forms completed clearly and correctly for Technical Value (difficulties) and for Artistic Value of her exercise
- During an exercise, the coach of the gymnast or group may not communicate with gymnast, the group, or the musician in any manner whatsoever
- Coaches are not allowed to communicate with any member of the judging panel during competitions, not even during the breaks

13.2 PROTESTS

There is no protest to the judge's score.

14.0 GYMNASTICS QUEENSLAND EVENT "ENTRIES" POLICY

- The following guidelines apply to all category one, category two and category three events.
- These guidelines will come into effect as of the 1st January 2006.
- **This process will be strictly adhered to and NO EXTENSIONS will be granted to any clubs entering the event.**

14.1 ENTRIES

- Entries are due on the designated date set by Gymnastics Queensland.
- **Definitive Closing Date** is set 4 weeks prior to the event. Payment is due with final names and numbers competing.
- Payment of all entry fees must accompany the official Gymnastics Queensland entry form. In the case of electronic entries, payments must be made by Credit Card or via direct deposit.
- Entries received 7 days after the designated date will incur a late entry fee of 25% of the total entry fee.
- Late entries will be received up until 4.00pm (Eastern Standard Time) five days following the designated close of entries. This will only occur provided there is the ability for the late entries to be incorporated into the existing event program.
- Late entries received after the work plan has been distributed will incur a late entry fee of 50% of the total entry fee
- If a judge is not supplied a fee of \$250.00 will apply.

14.2 WITHDRAWALS

- **NO REFUND** of the entry fee will be given to any withdrawals after the close of entries.
- In the case of withdrawals supported by a medical certificate, a full refund of entry fee will be given.
- The Gymnastics Queensland office must receive medical certificates within 5 days after the event. **NO EXCEPTIONS**